

Work Safely at Heights

Course Overview

This course is designed for people who are required to work, or organise work, at heights. It is applicable to both the **construction** and **civil** industries.

It covers the outcomes required to work safely on work sites where the work activity involves working above 1.5 metres from ground level and where fall protection measures are required.

Accreditation

CPCCCM1006A Work Safely at Heights

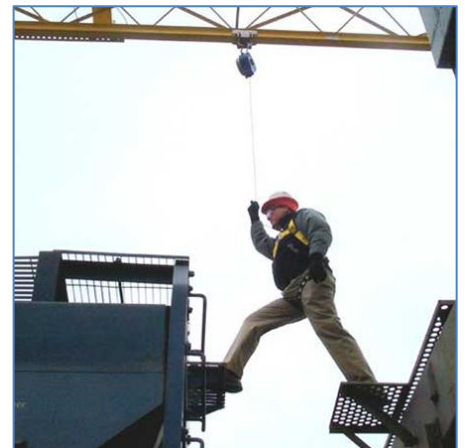


Course Content

- Definitions of working at height
- Assessment of conditions and hazards
- Safe use of tools, plant and equipment
- Case studies of relevant unsafe work practices
- Determination of work and equipment requirements
- Identification of equipment defects and safety
- Inspection of work sites
- Selection and appropriate use of fall arrest devices
- Working with ladders and on roofs
- Safe and effective communication with others
- Manual handling risks
- Construction and civil legislations and regulations

Course Details

When: As required
Where: On your site or at our training facilities
Duration: 1 day (6 – 8 hours)
Class Size: Max. of 12 per group
Pre-requisite: White Card *or* CPCCOHS2001A: Apply OHS requirements, policies and procedures in the construction industry



CITB Current Worker Support may be available to subsidise the cost of training. Refer to www.citb.org.au



Delivered in conjunction with
Roofsafe Industrial Safety